



RECREATIONAL  
RESOURCES  
FOR  
YOUNG PEOPLE  
WITH  
ADDITIONAL SUPPORT  
NEEDS

## **SOUTH LANARKSHIRE LEISURE AND CULTURE**

Information - 01698 476262

[www.slleisureandculture.co.uk](http://www.slleisureandculture.co.uk)

### **PLAYZONE**

Play Development Officer – Kim Kilgannon

Information - 01698 476194/5

Various groups throughout the year

Book through South Lanarkshire Leisure and Culture

### **YOUTH DISABILITY SPORTS CLUB**

Universal Connections East Kilbride

Monday 6.30pm – 8.30pm

Saturday 11.30am – 1.30pm

Variety of sports available

Information via website [www.slleisureandculture.co.uk](http://www.slleisureandculture.co.uk)

Referral via Social Work department

### **STONELAW COMMUNITY SPORTS CENTRE**

Sport Development Officer – Scott Dunbar

Saturday 1pm – 3pm

Football Coaching

Book through South Lanarkshire Leisure and Culture

or contact facility 0141 647 6779

### **FAIRHILL DISABLED SPORTS CLUB**

Friday 6pm – 7pm

Information and booking – 01698 456350

### **GAME ON (NO LIMITS)**

Fairhill

Sunday 6pm – 7.30pm

Carluke Leisure Centre

Saturday 1pm – 2.30pm

Book through South Lanarkshire Leisure and Culture

## **WHEELCHAIR BOWLING**

Contact – D Morgan 07851184809

## **WHEELCHAIR CURLING**

Contact – D Morgan 07851184809

## **WHEELCHAIR VOLLEYBALL**

Contact – D Morgan 07851184809

## **POWERCHAIR FOOTBALL**

Contact - Kathleen Toal 07786320413

Craigholm School / Cumbernauld

## **GORBALS SPORTS CENTRE**

Sunday 12pm – 2pm

Tennis

Contact – Fiona 07825115707

## **GORBALS LEISURE CENTRE**

Saturday 11am – 12pm

Football (Ref ACF)

Contact – Hazel Wilson 0141 551 4321

## **EAST END HEALTHY LIVING CENTRE**

Sunday 1pm – 2pm

Dance (Ref ACD)

Contact – Hazel Wilson 0141 551 4321

## **RNIB CLUB**

Tuesday 7pm – 9pm

St Johns Church – Hamilton

Information available from church

## **CALDERGLEN YOUTH CLUB**

Tuesday 7pm – 8.45pm

Contact - Jim McShane 01355 588620

### **CLAREMONT AFC**

Sanderson Pitches – Football Coaching  
Wednesday 7pm – 8pm  
Contact – E Rinn 07968818585

### **LAMMERMOOR PLAY SCHEME**

Murray Primary School  
Saturday Group requires Social Work Referral  
Wednesday/Thursday 7pm – 9pm  
Book through South Lanarkshire Leisure and Culture

### **CATHCART OLD PARISH CHURCH**

Café Club  
Thursday – Saturday – Sunday  
Contact – Caroline Patterson 07817627595

### **GLASGOW DISABILITY SCOUTS**

Aidensbrae – Glasgow Southside  
Monday 7pm – 9pm  
Information via website - [www.glasgowdisabledscouts.org](http://www.glasgowdisabledscouts.org)

### **ASN FOOTBALL**

K Park Calderglen/Jackton (Kean Premises)  
Contact – Davie McKenna 07800948932

### **SPECIAL NEEDS ADVENTURE PLAYGROUND**

Monday – Friday 10am – 3pm (July)  
Contact – Sheila Halford 07985651319

### **COVEY BEFRIENDING**

[www.coveybefriending.org.uk](http://www.coveybefriending.org.uk)  
01698 894013  
Referral from Social Work Department / Guidance Teacher

### **EPILEPSY CONNECTIONS**

[www.epilepsyconnections.org.uk](http://www.epilepsyconnections.org.uk)  
Contact – 0141 248 4125  
Various clubs/groups  
Befriending

## **STRATHCLYDE AUTISTIC SOCIETY**

[www.scottishautism.org](http://www.scottishautism.org)

Contact – Susan Dollan 07967373092

Karen Watt 07989548377

## **NATIONAL AUTISTIC SOCIETY**

[www.autism.org.uk](http://www.autism.org.uk)

Outreach Manager – Lillian McCabe

Contact – 07917072587

## **HAMILTON WATER PALACE**

Disability Swimming

Saturday am

Contact – 01698 476262

## **HARRY SMITH CENTRE - Lanark**

Disability Swimming

Sunday am

Contact – 01698 476262

## **SWIMMING LESSONS**

1:1 at Hamilton and Lanark

Referral with proof of diagnosis

School / GP / Social Work

## **UNIVERSAL CONNECTIONS**

Hamilton

Wednesday (alternate) 7pm – 9pm

Disco

Contact – 01698 456680

## **UNIVERSAL CONNECTIONS**

Rutherglen

Monday 6pm – 9pm

Various activities – Crafts, Drama, Zumba

Contact 0141 647 3101

This information was collated by

**Seonaid Clark**

ICCNS Additional Needs School Nurse

Contact Details

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07770315033

**George Walker**

Principal Teacher Sanderson High

Contact Details

[gwalker@sanderson.s-lanark.sch.uk](mailto:gwalker@sanderson.s-lanark.sch.uk)

01355 588625

Available on school website

[www.sanderson.s-lanark.sch.uk](http://www.sanderson.s-lanark.sch.uk)