



Sanderson High School



Issue 20

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Keswick - Learning Away



Five weeks of preparation for our Learning Away experience to the Calvert Trust Lake District Centre near Keswick took place as part of Project Learning on Tuesday afternoons. Pupils worked in groups to plan for the visit - learning about where they were going, how to prepare and about what clothes they would need for outdoor activities. A map of the United Kingdom showed pupils they were off to England and an area called Cumbria.



Pupils discovered how to pack a suitcase and some tips on how to make sure all their belongings came home again. We hope they work! Three of our third year girls Amy Laurie, Carly MacGregor and Rachel Anderson prepared a slide show to show their class what going to Keswick was all about. One group prepared the Keswick diaries to help tell the story of the Learning Away experience on our return.



We set off for Keswick on a lovely sunny morning!



Group 1 : Grisedale

Carly, Amy Laurie, Rachel, Ryan, Jack,
Kayleigh, Victoria, Amy Marshall, Sam, Liam



Grisedale headed for the sports hall on the first evening for team building activities organised by their instructor Pete.

Day 2 for Grisedale started with a Ghyll Scramble at Honister. Ryan was the only pupil to brave the waterfall shower. A tunnel under the road was the exit out of the ghyll. After a warming shower and lunch the activity was Bushcraft, learning to light a fire from a flint spark. Unable to get a sustained fire the group headed to the pool for a pre dinner splash.



On Wednesday the group started off in the sports hall for Rock and Rope which included climbing, abseiling, ladder climbing and the big swing. After lunch it was off to a nature reserve on a disused airfield to go wild on 3-wheel bikes.



Thursday's program of activities started with canoeing on Derwent Water. Two sets of two canoes tied together were paddled towards Keswick in rain and hail showers. After lunch the group tried out the new zip wire and finished with a forest walk above the centre with views over Lake Bassenthwaite. The week of activities finished with the last night disco.



Group 2 : Skiddaw

Gemma, Melissa, Shelley, Emma,
Abigail, Marcus, Cameron



After dinner on the first evening Skiddaw joined with Latrigg for an evening session in the swimming pool.



Day 2 started with Bushcraft when the team created a fire to heat water for a hot drink and toasted marshmallows. After lunch the team climbed Latrigg and had an amazing view of the local area. They also went under a shelter to enjoy a hot drink.



Wednesday morning the team headed a short distance from the centre for the assault course and were excellent at team challenges. The afternoon activity was canoeing. The canoes were tied together and the pupils paddled as hard as they could to make the boats move. There was a second chance for a splash in the pool after dinner on Wednesday evening.



Thursday's activities started with a trip to the Keswick stables where the pupils took part in horse riding and archery. In the afternoon the group used the centre sports hall for their indoor Rock and Rope session. After dinner on Thursday evening the pupils had their last night disco.



Group 3 : Latrigg

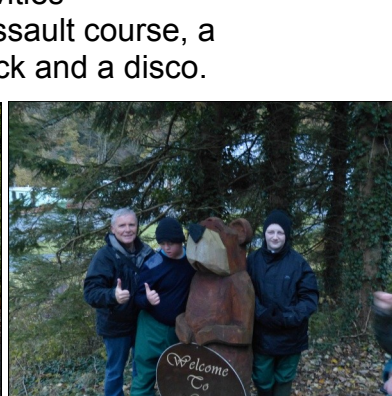
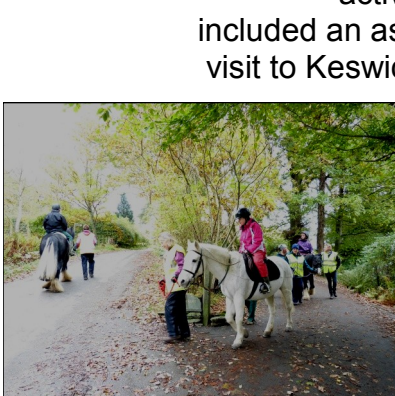
Mikey, Caitlin, Rachael, Jordan,
Max, Daniel, Olek, Christopher



The after dinner activity on the first evening at Keswick for Latrigg group was a session in the swimming pool which was enjoyed by everyone. Day 2 for Latrigg started with Rock and Rope with climbing and swinging, having fun using ropes and harnesses to go up and down. After lunch the group headed for the boat house and went canoeing on Bassenthwaite near the centre. On Wednesday morning the full group headed for the stables in Keswick for horse riding and archery before some of the group made the



return journey to East Kilbride after lunch. The afternoon session was a Lakeland Walk.



Thursday's activities included an assault course, a visit to Keswick and a disco.

